Post your route on https://www.facebook.com/castletocoast

NAME: LAST	NAME: FIRST	GENDER	AGE	DATE of RUN	8.2 mile TIME	
Carter	Lee	M	63	01/16/21	1:06:58	
Arigo	Matthew	M		0//16/21	1:49:24	
Arigo	Carol	F		01/16/21	1:45:06	
Yakligian	Shelley	F	48	1/18/2021	1:30.56	
Simpson	Sharley	F	48	1/17/2021	1:04:30	Ran the actual course - was beautiful! :)
Richie	Beth	F	36	1/19/2021	1:14:28	
Smith	Adrienne	F	31	1/19/21	1:30:12	
Pattwell	Sean	M	67	1/20/21	1:23.00	
Schommer	Michael	M	37	1/17/21	0:57:18	
Schneekloth	Pauline	F	63	1/26/21	1:26	
Fiorentino	Marian	F	59	1/18/21	1:08:08	Ran actual course - warm, windy & beautiful!
Parkenson	Amy	F	53	1/18/21	1:05:44	Ran actual course - warm, windy & beautiful!
Chiasson	Hailey	F	31	01/29/21	1:12:49	North MB-to the beach/rock & back.
Escobedo	Matthew	M	59	1/29/21	1:01:35	
Coombes	Emily	F	50	1/30/21	1:27:35	out and back first half of course, perfect day!
Dunbar	David	M	65	1/30/21	1:13:30	
Mauro	Samantha	F	41	1/31/21	1:12:01	
Martinez	Kaitlin	F	34	1/16/21	1:20:20	Ran course
Chezum	Rick	M	59	1/17/21	1:07:40	Ran in SLO
Fagundes	Lucy	F	50	1/16/21	1:23	
Schmidt	Robyn	F	60	1/16/21	1:14:45	Ran in Atascadero, nice day for running (any day is)
Poole	Sarah	F	47	1/31/21	1:47:58	